



Pacific Northwest Swimming
 34th Annual Spring Thunderbird - Sanction # 1005-SP07
 Fidalgo Pool and Fitness Center
 Anacortes, Washington
 Hosted by the Thunderbird Aquatic Club



Held under sanction of Pacific Northwest Swimming, Inc., and USA Swimming, Inc.

SCHEDULES	SESSION I	SESSION II	SESSION III	SESSION IV	SESSION V
Dates	Friday, May 14, 2010	Saturday, May 15, 2010	Saturday, May 15, 2010	Sunday, May 16, 2010	Sunday, May 16, 2010
Coaches' Meeting	4:15 PM Check-in and coaches' packet at Clerk of Course.	7:45 AM	as needed	7:45 AM	as needed
Officials' Meetings	45 minutes before start of competition	45 minutes before start of competition	45 minutes before start of competition	45 minutes before start of competition	45 minutes before start of competition
Positive Check-in Deadlines:	400 IM: 4:15 PM 800 Free: 5:00PM 400 Free: 5:30 PM				
Warm-ups	3:30 PM	8:00 AM	Fifteen minutes after the end of Session II; will notify coaches of start times	8:00 AM	Fifteen minutes after the end of Session IV; will notify coaches of start times
Timed Finals	4:45 PM	9:00 AM	One hour after start of warm-ups	9:00 AM	One hour after start of warm-ups

MEET DIRECTOR:

- Leslie Mix
 • Lesliemix@msn.com
 • 360-588-9001

MEET REFEREE:

- Heather Brennan
 • brennan@wavecable.com
 • (360)-293-4306

LOCATION AND DIRECTIONS

Fidalgo Pool and Fitness Center
 1603 - 22nd Street
 Anacortes, Washington

Directions: From I-5, either direction, take Burlington/San Juan Ferries exit #230. Turn left/west at stoplight. Follow SR 20 into Anacortes. The road makes a right/north turn onto Commercial Avenue. Go to 22nd street and turn left/west. Go up the hill. Pool is on the left/south side of the street.

FACILITY

- 25 meter, 6-lane competitive pool
- Starting end 12.0 feet deep; turning end 4.5 feet deep
- The competition course has not been certified in accordance with 104.2.2C(4).
- Adjacent warm-up pool
- 500 spectator seats
- Daktronics electronic timing system
- Daktronics scoreboard: six-lane readout

ONSITE AMENITIES

- Vendor: Swim2000

- Heat Sheets: \$5.00
- Results on PNS web site
- Concessions: Available throughout the meet
- Hospitality: Available in staff break room throughout the meet
- Parking: Parking lots east and west of venue; no parking in church parking lot on Sunday

ELIGIBILITY:

- All swimmers must be registered with USA Swimming
- Age groups are based on the age of the swimmer as of the first day of the meet.
- Age groups for competition will be 8&under, 9-10, 11,12, 13-14, and 15&over.

ENTRY INFORMATION:

- Each swimmer may enter up to a maximum of two (2) individual events on Friday and up to four (4) individual events plus one (1) relay event each day Saturday and Sunday. Entries exceeding this limit will be scratched without notification, and entry fees for entry count limitation scratches will not be refunded.
- All entry times must be SCM (short course meters)
- Complete whole team entries will be processed until any session with 12&U swimmers reaches the four-hour or until the team of the 375th swimmer has been processed.
- Each swimmer must indicate his/her 4th priority event. If not, the last entered event in the session will be considered the 4th priority event. Should it be necessary to cut events in any session to comply with the four-hour rule, each swimmer's 4th priority event will be cut and entry fees will be refunded to the swimmer's team.
- On-deck USA Swimming registration will not be permitted.



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- Deck entries for individual events will be allowed in open lanes only at the discretion of the Meet Referee. Deck entry individual swims are not eligible for any awards or team points. Deck entry fees must be paid prior to the swim.
- Deck entered swimmers who are not already in the meet are required to show proof of USA Swimming athlete registration through PNS and complete a PNS Deck Entry Registration at the Clerk of Course in order to enter.
- **All USA Swimming registration numbers will be verified with the PNS registration database.**

ENTRY FEES:

- Surcharge: \$5.00
- Deck entry surcharge: \$10.00 (swimmer not previously in meet)
- Individual Event: \$3.00
- Relay: \$8.00
- No refunds or credits will be given for events entered but not swum, unless 4th priority events must be cut to comply with the four-hour rule.
- All fees must accompany entries.

AWARDS AND SCORING:

- **Individual events:** Rosette ribbons 1st thru 6th.
Scoring 7-5-4-3-2-1.
- **Relay events:** Double flat ribbons 1st thru 6th.
Scoring 14-10-8-6-4-2.
- **High Point:** Special Native American awards for top scoring girl and boy in each age group. (Individual event points only.)
- **Team:** Pacific Northwest Indian awards, 1st thru 3rd

MEET RULES:

- Current PNS and USA Swimming rules govern throughout the meet, including warm-ups.
- Friday events will require a positive check-in by the stated deadline at Clerk of Course in order to swim. Swimmers who do not check in will be scratched without penalty. Swimmers who check in but who fail to swim will be disqualified from the next individual event in which they are entered.

WARM-UP PROCEDURES:

- Circle swim counter-clockwise only.
- Last half hour of each warm-up period:
 - Lanes 1 & 6—pace lanes, no diving
 - Lanes 2 & 5—sprint lanes, dive starts, return in lanes 3 & 4
 - Lanes 3 & 4—general warm-up, no diving
 - Additional sprint lanes may be made available upon request to the Meet Referee.
- Pool closed promptly five (5) minutes prior to the start of competition.
- Warm-up may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

SAFETY:

- No diving from the blocks or sides of pool except for designated sprint lanes during designated times in main pool.
- Jumping into the pool is not allowed.

- Backstroke swimmers enter the water feet first in rotation; no diving over persons in the water.
- Deck Marshals will be assigned to supervise the warm-up. Deck Marshals have the authority to remove any swimmer, coach, or club who does not follow the safety rules during warm-ups or the meet.
- Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.
- Swimmers who participate without their USA Swimming certified coach present must notify the Meet Referee prior to warm-up. The swimmer will be assigned to a coach.

OTHER NOTES:

- In granting this sanction it is understood and agreed that PNS and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Only authorized volunteers and working personnel can be on deck. All others must remain in the designated spectator area and are not allowed in the designated racing venue unless timing for an event or volunteering with the management of the meet.
- In order to be on deck and serve in their official capacity, all coaches, officials and any other person required by sanction to be members of USA Swimming shall visibly display their membership credentials at all times.
- All persons acting in any coaching capacity must be coach members of USA Swimming.
- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated toward team standings by the individual.
- **Team Areas: Please keep your area clean, and pick up all trash before leaving each session.**

ENTRY SUBMITTAL INFORMATION:

Entries will be only be accepted upon receipt of all of the following prior to the entry deadline, May 5, 2010:

1. **COMMLINK** file exported from Team Manager, if used.
2. **Meet Entry Reports** for individual (sorted by swimmer) and relay (sorted by event) events from Team Manager—preferred—or equivalent hardcopy.
3. **Meet Entry Fee Report** from Team Manager—preferred—or equivalent hardcopy.
4. **Master Entry Summary Form**—Completed and hand-signed hardcopy only (original or faxed); typed signatures will not be accepted
5. **Meet Entry Fees**—one check payable to Thunderbird Aquatic Club.

Submittal Formats:

- **Electronic files:** email attachments—preferred—or disk. If emailing the COMMLINK file, include items #2 and #3 above in Word for Windows format in your email. Items #4 and #5 must still be received by the entry deadline.
- **Hardcopies:** mail, hand-deliver, or fax. If sending via express mail, waive signature requirement.
- **Disk:** CD or DVD, which should be mailed or delivered in a protective envelope



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- To ensure correct entries, teams that do not have Team Manager or equivalent software can use Hy-Tek Lite to complete and submit entries for this meet. It is available at <http://www.hy-tek ltd.com/downloads.html> at no charge.

Submittal Notes:

- Late or incomplete entries will not be processed.
- Meet Entry Report or equivalent hardcopy must include full name of club, and, for each swimmer, first and last names, actual age as of the first day of the meet, gender, USA Swimming permanent 14-character identification number, events entered, and entry time for each.
- Relay-only swimmers must be listed on the Meet Entry Report or equivalent, and appropriate surcharges must be included with the entry.
- Recheck all entries as no additional entries or corrections will be accepted after the deadline (except deck entries).
- Your cooperation is appreciated in facilitating the entry process by making your entries complete, orderly, and legible.

• **Mail entries to: Spring Thunderbird**

Attn. Leslie Mix
3705 Bullock Court
Anacortes, WA 98221
Phone: (360)-588-9001
Email: Lesliemix@msn.com

34th Annual Spring Thunderbird



Girl's	Friday's Events	Boy's
1	15 & Over 400 IM	2
3	13-14 400 IM	4
5	12 & Under 400 IM	6
7	13 & Over 800 Free	8
9	12 & Under 400 Free	10
11	13-14 400 Free	12
13	15& Over 400 Free	14

Girl's	Saturday Morning Events	Boy's
15	9-10 200 Free	16
17	11 200 Free	18
19	8 & Under 100 Medley Relay	20
21	9-10 200 Medley Relay	22
23	11 & Under 200 Medley Relay	24
25	8 & Under 25 Back	26
27	9-10 100 Back	28
29	11 100 Back	30
31	8 & Under 50 Free	32
33	9-10 50 Free	34
35	11 50 Free	36
37	8 & Under 25 Breast	38
39	9-10 50 Breast	40
41	11 50 Breast	42
43	8 & Under 100 IM	44
45	9-10 100 Fly	46
47	11 100 Fly	48

Girl's	Saturday Afternoon Events	Boy's
49	12 200 Free	50
51	13-14 200 Free	52
53	15 & Over 200 Free	54
55	12 200 Medley Relay	56
57	13-14 200 Medley Relay	58
59	15 & Over 200 Medley Relay	60
61	12 100 Back	62
63	13-14 200 Back	64
65	15 & Over 200 Back	66
67	12 50 Free	68
69	13-14 50 Free	70
71	15 & Over 50 Free	72
73	12 50 Breast	74
75	13-14 100 Breast	76
77	15 & Over 100 Breast	78
79	12 100 Fly	80
81	13-14 200 Fly	82
83	15 & Over 200 Fly	84

Girl's	Sunday Morning Events	Boy's
85	9-10 100 IM	86
87	11 100 IM	88
89	8 & Under 100 Free Relay	90
91	9-10 200 Free Relay	92
93	11 & Under 200 Free Relay	94
95	8 & Under 100 Free	96
97	9-10 100 Free	98
99	11 100 Free	100
101	8 & Under 50 Back	102
103	9-10 50 Back	104
105	11 50 Back	106
107	8 & Under 25 Free	108
109	9-10 100 Breast	110
111	11 100 Breast	112
113	8 & Under 25 Fly	114
115	9-10 50 Fly	116
117	11 50 Fly	118

Girl's	Sunday Afternoon Events	Boy's
119	12 100 IM	120
121	13-14 200 IM	122
123	15 & Over 200IM	124
125	12 200 Free Relay	126
127	13-14 200 Free Relay	128
129	15 & Over 200 Free Relay	130
131	12 100 Free	132
133	13-14 100 Free	134
135	15 & Over 100 Free	136
137	12 50 Back	138
139	13-14 100 Back	140
141	15 & Over 100 Back	142
143	12 100 Breast	144
145	13-14 200 Breast	146
147	15 & Over 200 Breast	148
149	12 50 Fly	150
151	13-14 100 Fly	152
153	15 & Over 100 Fly	154



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MASTER ENTRY SUMMARY

Please complete this form and send with your entries (disk or hard copy). Failure to submit this form will delay your entry processing and may result in your entries being rejected.

TEAM NAME:			
TEAM CODE:		LSC CODE:	
COACH:		HOME PHONE:	
EMAIL ADDRESS:		OFFICE PHONE:	
TEAM MAIL ADDRESS:		CELL PHONE:	
CITY, STATE, ZIP:		POOL PHONE:	
ENTRY INFORMATION PREPARED BY:		PHONE:	

MEET ENTRY FEES ENCLOSED:

SURCHARGE:		X \$5.00	\$
INDIVIDUAL EVENTS:		X \$3.00	\$
RELAYS:		X \$8.00	\$
		TOTAL:	\$

Make one check payable to **Thunderbird Aquatic Club**.

THE FOLLOWING STATEMENT MUST BE SIGNED:

I attest that all swimmers entered hereon are properly registered athlete members of USA Swimming, Inc.

 Signature of Coach or Team Representative

 Date

 Phone Number

Important Note: Upon processing of the pre-meet exception report, PNS will register as a full-year USA Swimming athlete member any swimmer not then registered. PNS shall require the club or responsible party to pay an amount equal to the current full-year USA Swimming athlete registration fee, including the PNS surcharge, plus a \$15.00 fine for each athlete who is registered from the pre-meet exception report. The fines are due prior to the entry deadline of the next meet entered by the team being fined or within 15 business days after the receipt of the fine statement, whichever occurs first. See PNS AD 97-08 for additional information.