

“MLMR Long Course Developmental Meet”

June 5-6, 2010

Held under sanction of USA Swimming, Inc and Inland Empire Swimming
Sanction #IE1015

In granting this sanction it is understood that USA Swimming and Inland Empire Swimming (IES) shall be free and held harmless from any damages arising by reason to anyone during the conduct of this event.

Meet Director: Steve Witcher 509-431-7222 switch1049@yahoo.com

Meet Referee: Ken Schuh 509-989-7251

Starters: Susan Schwiesow and Finley Grant

S & T: Myriam Bradshaw, Renee Pryor, and Colin Connacher

Officials must bring current certification and USAS registration cards, which will be verified by the Meet Referee before deck assignments are made.

Date and Times: Saturday and Sunday June 5-6, 2010. Warm up 6:30 AM Meet Start: 7:30 AM. Entries must be received by May 26, 2010.

Host: Moses Lake Manta Rays, PO Box 452, Moses Lake, WA 98837

Location: Moses Lake Aquatic Center

Format: Timed finals, age group invitational.

Course: Outdoor 8 lane 50 meter pool with anti-wave lane lines and backstroke flags. The competition will be held in 6 lanes of the pool with 1 lane continuous warm up and cool down available to swimmers. The competition course has not been certified in accordance with 104.2.2C(4).

Rules: Current USA Swimming and Inland Empire Swimming rules and regulations will govern the meet. Deck entries will be allowed if the meet timeline allows. However, those swimmers deck entering will be entered with no time (NT) and will swim in the first heat, even if creating another heat. Scratching an event will be considered a no show (NS) and there will be no penalty for doing so. All swimmers must be registered with USA Swimming. The events will be seeded slowest to fastest. Heat sheets will be provided at no cost. Each swimmer may swim a maximum of 5 events and 1 relay per session. Competition must conclude by approximately Noon each day to allow the Water Park to open. Some events may be combined, scratched, or mixed to meet the deadline.

Eligibility: Registered Swimmers from MLMR and Cascade Swim Club.

Entry fee: \$40.00 (IES Surcharge \$10.00 per swimmer and Facility/Meet fee \$30.00.) (Deck Entries will be accepted). No refunds or credits will be issued. Meet entry payment must be received by the date of the meet. Please mail payment to Steve Witcher PO Box 452, Moses Lake, WA, 98837. Make checks payable to MLMR. The facility fee does not include admittance to the Water Park once the meet is finished on either Saturday or Sunday.

Entries: Please send entries the following way. Commlink file exported from Team Manager. Please mail or email (email preferred) in Word for Windows or PDF format from Team Manager, the following; Master Entry Summary Report and Entry Fee Report.

Awards: Ribbons 1-6 places for 10&U and 11-12 events. No ribbons will be given for 13&O events.

Concessions and Vendors: None. Snacks and drinks will be provided by the host Team for all volunteers. Families should bring their own food and drink. Please, no glass containers.

Facility Entrance: All participants, parents, family members and officials will enter the facility through a side entrance. The locker rooms will be available during the competition.

Swims: *The USA Swimming SWIMS database requires ALL swimmer data be correct before any meet data (swimmer times) will be loaded into the USA Swimming database. If you know of any swimmer data that is NOT correct in the meet database please notify the meet referee as soon as possible. The appropriate changes will be made. The data will be sent to USA Swimming within 3 days of the meet.*

Saturday, June 5th Events

| Saturday | | |
|-----------------|--|-------------|
| GIRLS | EVENT | BOYS |
| | | |
| 1 | 10 & U 200 IM | 2 |
| 3 | 11-12 200 IM | 4 |
| 5 | 13 & Over 200 IM | 6 |
| | | |
| | | |
| 7 | 10 & U 100 Breaststroke | 8 |
| 9 | 11-12 100 Breaststroke | 10 |
| 11 | 13 & Over 100 Breaststroke | 12 |
| | | |
| 13 | 12& U Mix 200 Medley Relay | |
| 14 | 13 & O Mix 200 Medley Relay | |
| | | |
| | | |
| 15 | 10 & U 100 Freestyle | 16 |
| 17 | 11-12 100 Freestyle | 18 |
| 19 | 13 & Over 100 Freestyle | 20 |
| | | |
| | | |
| 21 | 10 & U 50 Butterfly | 22 |
| 23 | 11 -12 50 Butterfly | 24 |
| 25 | 13 & Over 200 Butterfly | 26 |
| | | |
| | | |
| 27 | 10 & U 100 Backstroke | 28 |
| 29 | 11-12 100 Backstroke | 30 |
| 31 | 13 & Over 100 Backstroke | 32 |
| | | |
| | | |
| | 10 MINUTE BREAK | |
| | | |
| 33 | 11 & Over 400 Freestyle | 34 |
| | | |

